

Creamy Avocado Cucumber Bites

1-2 large organic cucumber

3 ripe avocados

1/4 cup capers

1/2 tsp. pink Himalayan salt

Sprinkle freshly cracked black pepper

2 tbsp. freshly squeezed lemon juice

1/4 cup. fresh parsley, chopped fine + more for plating

1/8 cup. fresh dill, chopped finely

Dice cumpers into small slices. In a bowl, mash the avocado meat, add the other ingredients and mix. Top each slice with mix and top with extra parsley and capers then serve.